



Guiding children's growth

NEWSLETTER

WEEKLY OVERVIEW

This week, our focus is on exploring emotions and developing a deeper understanding of how they affect us. Through a variety of activities and group discussions, we will be engaging in meaningful conversations about the role emotions play in our daily lives, and learning strategies to recognize, express, and manage them effectively.

JUNIORS

In the Juniors area, children will be engaging in a hands-on activity where they will create representations of different emotions using clay. This creative exercise encourages self-expression and helps children explore how various emotions feel and affect them. It provides an opportunity to discuss emotional awareness in a supportive and imaginative environment.

SENIORS

In the Seniors area, we will be working collaboratively to create a large emotions chart. This activity will involve identifying a range of emotions, exploring what each one represents, and discussing real-life situations where these emotions may arise. We will also examine how our emotions can influence our thoughts, behaviours, and decision-making, fostering a deeper understanding of emotional intelligence.

REMINDERS

If you need to get in touch with Camp Australia, please contact us via the service phone at 0439 476 625 or send an email to ajdtingalpa@oshccampaaustralia.com.au or by contacting the Service Director at melanie.botten@campaustralia.com.au