KARATE



JU-JITSU

We are a family club that gives back to the community. We offer specialised programs for students of all ages and abilities, from 4 years. We have multiple locations and classes.

FREE TRIAL LESSON

- A family club for families
- Positive, encouraging environment
- Flexible training options
- Self-defence classes for women & girls

CANNON HILL

School of Arts Tuesday & Thursday

NORMAN PARK

Norman Park State School Saturday

MANLY WEST

Moreton Bay Boys College Monday & Friday

MT GRAVATT

Wednesday

Tingalpa State School

Start Date Monday 9th June 3.15- 4.15 pm

Website www.afmaclub.com.au

More Information 0400 179 960 ac

admin@afmaclub.com.au